

WHY USE BRANCHED CHAIN AMINO ACIDS (BCAA)? – Supplementation is crucial for athletes seeking to build muscle. BCAA are the primary building blocks for muscle growth, muscle protein synthesis, and lean muscle tissue and/or mass. Unlike other non-essential amino acids, BCAA amino acids – leucine, valine and isoleucine – cannot be produced by the body, so they must be provided through diet or supplementation.*

INTELLIGENT DIET SUPPORT – AMINOCORE feeds your muscles during diet and exercise to increase muscle protein synthesis, whether you want to build more muscle or simply maintain it, as it helps alleviate the effects of muscle loss. Additional B-Vitamins further assists in maintaining the metabolic power.*

THE SCIENCE OF MUSCLE GROWTH – AMINOCORE 9:6:5 BCAA ratio is clinically proven to increase the activation of muscle growth signals. Scientific studies have identified mTor-p70S6K as the trigger directly responsible for extreme muscle growth. Supplementing with BCAA has been shown to activate increased mTor-p70S6K cellular signaling responsible for muscle growth. The result: you build and retain more hard earned lean muscle and maintain a higher metabolism.*



CLEAN FOR ATHLETES. BANNED SUBSTANCE TESTED. This product has been skip-lot tested for banned substances for the assurance of athletes and supplement users under the **Informed Choice** program. For further information about the testing process and test results, please visit www.CleanForAthletes.com.



* Combined with intense resistance training, research has shown that 8,180 mg of BCAA in a 9:6:5 ratio increase signaling within muscle cells to upregulate protein synthesis (growth) by 350%. Research conducted at the Nobel Prize winning Karolinska Institute in Stockholm, Sweden. Journal reference: Karlsson et. al. Am J Physiol Endocrinol Metab 287: E1-E7, 2004.

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ALLMAX®



AMINOCORE[™]

BCAA

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BCAA

0g
SUGAR

O_G
CARBS



Is Your Lab Artificial? Flavor & Sweetener with Sugarbeets and Green Citrus Potassium

DIRECTIONS: To activate protein synthesis and increase muscle recovery¹, take 1 scoop of AMINOCORE[™] during weight training or any athletic event. On non-training days, AMINOCORE[™] can be taken anytime on an empty stomach. Mix 1 scoop (11.5g) into 17oz (approx. 500ml) bottle of water or a tall glass of water (2 cups). Shake or stir well. Take during workouts.

Serving Size 1 scoop (11.5g)
Servings Per Container 90[±]

Amount Per Serving		% DV ^a
Total Carbohydrate	0g	0% ^a
Sugars	0g	†
Niacin	20mg	125%
Vitamin B6 (as Pyridoxine HCl and Pyridoxal-5'-Phosphate [P5P])	2mg	118%
Folate (as Folic Acid 370 mcg and Calcium 5-Methyltetrahydrofolate)	668mcg DFE	167%
Vitamin B12 (as Methylcobalamin)	6mcg	250%
AMINOCORE™ BCAAs [9:6:5]	8,180mg	†
L-LEUCINE [45%]	3,681mg	†
L-VALINE [30%]	2,454mg	†
L-ISOLEUCINE [25%]	2,045mg	†

^a Percent Daily Value (DV) are based on a 2,000 calorie diet [†] Daily Value not established

OTHER INGREDIENTS: Citric Acid, Natural and Artificial Flavors, Malic Acid, Sucralose, Acesulfame Potassium, Lecithin (Sunflower), Calcium Silicate.



cGMP
REGISTERED FACILITY



**SOY
FREE**



WARNINGS: For adult use only. Ensure to drink enough fluid before, during and after exercise. Do not take if you have pre-existing medical conditions. Consult a healthcare practitioner prior to use if you are pregnant or breastfeeding. Those sensitive to mucin may experience flushing of the skin that is generally mild and transient. Discontinue use and contact your healthcare practitioner if you have been instructed to follow a low protein diet. Store in a cool, dry place away from direct sunlight. Do not use if inner seal is broken.

CALIFORNIA WARNING: Lead is known to the State of California to cause birth defects or reproductive harm. Consuming this product can expose you to more than 0.0000005 g of lead. For more information go to www.P65Warnings.ca.gov.

ALLERGEN WARNING: Produced in a facility that also handles Wheat, Soy, Egg, Milk, Tree Nuts, Peanuts, Sesame, Wheat, Fish, and Shellfish products.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

^a Due to natural variations in product density, resulting from settling and/or humidity, the values are approximate. Product is sold by weight.

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